

## Spring & Summer Menu Week 5 2022

**Week:**

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Scrambled Eggs Toast Fresh Fruit Water	Waffles Fresh Fruit Water	Cereal & Milk Fresh Fruit Water	Blueberry Muffin Fresh Fruit Water	Yogurt & Berries Water
Lunch	Fish Sticks Mashed Potatoes Peas Fresh Fruit Water	Turkey & Swiss on a bun Pickles & Beets Fresh Fruit Water	Hawaiian Pizza Cucumber Fresh Fruit Water	Beef Mushroom Stroganoff Tomatoes Slices Fresh Fruit Water	Ham & Cheese Quiche Pepper Slices Fresh Fruit Water
Afternoon Snack	Crackers & Cheese Fresh Fruit Water	Bits & Bites Fresh Fruit Water	Granola Bars Fresh Fruit Water	Jello-o Graham Crackers Fresh Fruit Water	Arrowroot Cookies Fresh Fruit Water

\*All pastas/breads will be whole grains \*Fruits may change with season\*Water will be available at all times\*